



## 2024-2026 WFC BOARD APPOINTEES ANNOUNCED

### Four new faces as WFC prepares for new term of office

*Toronto, February 1, 2024.* Following a call for nominations for election and appointees to the World Federation of Chiropractic (WFC) Board of Directors to represent each of its seven world regions, the WFC is pleased to confirm the thirteen members of the Board who will be taking up their roles for the 2024-2026 term of office.

Other than the Canadian Chiropractic Association (two seats) and the American Chiropractic Association (one seat) who were eligible to appoint directors due to their membership numbers, the remaining ten seats were up for election in the WFC regions of Africa, Asia, Eastern Mediterranean, Europe, Latin America, North America and Pacific.

There are four new faces on the incoming Board: Dr Yi Kai Wong, representing the Asian region; Dr Pernille Popp, representing the European region; Dr Dale White, representing the North American region; and Dr Hayden Thomas, representing the Pacific region.

In the European region, the six nominations for the two available seats resulted in a ballot of members to elect candidates. Following a closely-fought ballot, the Norwegian and Danish candidates emerged successful.

Following an onboarding process of new directors, the new Board will meet for the first time May 16-18 in Montreal, Canada.

### MEET THE NEW BOARD



#### **Carlos AYRES**

Carlos Ayres, of Lima, Peru is a past president of the WFC and was the first Latin American to hold the role, having previously served in all other executive offices. A 1981 graduate of New York Chiropractic College, Carlos worked in the USA for 20 years before return to his native country of Peru in 2002. He is a longstanding president of the Peruvian chiropractors Association and served as the president of the Latin American Chiropractic Federation (FLAQ) from 2007 to 2012, where he continues to serve as its international advisor. Carlos manages several chiropractic offices in the northern and southern parts of the Peru as well as in its capital city, Lima.



### **Ryan COSTER**

Ryan Coster, of Moncton, New Brunswick, serves as the President of the New Brunswick Chiropractors' Association. A graduate of Macquarie University, Australia, Ryan received the Student of the Year Award and was a recipient of the Chiropractic Association of Australia's Academic Excellence Award. Dr Coster also has a Master of Business Administration (MBA) from Mid-Sweden University, Östersund, where he majored in organizational management. He is a strong advocate of evidence-based practice and has previously served on the Board of Chiropractic Australia. He has a particular interest in sports chiropractic and was previously a voting member of Sports Medicine Australia.



### **Kendrah DA SILVA**

Kendrah da Silva, of Pretoria, South Africa is a three-term past president of the Chiropractic Association of South Africa (CASA), an association she has served for over a quarter of a century. She divides her time between being in private practice and teaching on the chiropractic program at the University of Johannesburg. She is a powerful advocate of public health in chiropractic, serving on the WFC Public Health Committee as well as a coordinator of activities nationally for World Spine Day. She has leadership experience in relation to health equity and access to health services in underserved communities. She is frequently called upon to represent the chiropractic profession both internationally and nationally and serves as the Chair of the South Africa's Professional Board of Osteopathy and Chiropractic.



### **Glenn GUILDERSON**

Glenn Guilderson, of Lower Sackville, Nova Scotia, Canada is a 2001 graduate of Canadian Memorial Chiropractic College (CMCC), prior to which he completed his undergraduate Bachelors degree in biology at Dalhousie University. He is the clinic director of a multidisciplinary center that integrates chiropractic, osteopathy, psychology, acupuncture and massage therapy. While at CMCC, Dr Guilderson served as president of the World Congress of Chiropractic Students (WCCS). He has previously served as Secretary of the Council of the Nova Scotia College of Chiropractors and currently serves on the board of directors of the Canadian Chiropractic Association. In his home town he is an active member of his business community.



#### **Andrew LAWRENCE**

Andrew Lawrence, of Melbourne, Australia is a past president of the Australian Chiropractors Association (formerly the Chiropractors Association of Australia) and served three terms of office. During his first term of office (1986-1990), the motion for a world federation was discussed at a World Chiropractic Congress held in Sydney. Most recently, as president of the ACA, he presided over an historic restructuring of the association. Initially trained as a pharmacist, Andrew qualified from Palmer College of Chiropractic and has been in continuous private practice for 44 years and has a particular interest in family practice and health promotion. He has been recognized for his service to health care with the Medal of the Order of Australia (OAM).



#### **Jakob LOTHE**

Jakob Lothe, of Oslo, Norway, has served on the WFC Board since 2022. He is a 1988 graduate of AECC University College in the UK and is the owner of a multidisciplinary practice in Oslo. Jakob is a past-president of Norwegian Chiropractors' Association (2010-2018), during which time he concurrently served on the General Council of the European Chiropractors' Union. Jakob chaired the Norwegian Council for Musculoskeletal Health from 2009 to 2021 and became a member of the International Coordinating Council of the Global Alliance for Musculoskeletal Health (GMusc) in 2022. In this capacity, is a representative to the WHO World Rehabilitation Alliance.



#### **John MALTBY**

John K. Maltby, of Blythe, California graduated from Palmer College of Chiropractic in 1977 and has 46 years of continuous private practice experience, with a particular interest in the care of older people. He has served on the WFC Board of Directors since 2015 and was elected president in 2022. He has considerable leadership experience including two terms as president of the International Chiropractors Association (ICA) (2005-2009) and a term as chairman of the Board (2009-2013). Throughout his professional career John has been active at the state and national levels holding numerous leadership positions involving legislation, education and licensure. He is the recipient of a number of prestigious awards, including ICA Chiropractor of the Year.



### **Efstathios PAPADOPOULOS**

Efstathios (Stathis) Papadopoulos, of Nicosia, Cyprus is a 1981 graduate of Palmer College of Chiropractic. Representing the WFC Eastern Mediterranean region since 1992, he is the longest-serving member of the Board and served as president (2008-2010). As president of the Cyprus Chiropractic Association, Stathis sits on the General Council of the European Chiropractors' Union (ECU) and is the founding president of the Eastern Mediterranean and Middle East Chiropractic Federation. Stathis has served in many other leadership positions with chiropractic. He was instrumental in the formation of the International Board of Chiropractic Examiners (IBCE) and the European Academy of Chiropractic (EAC), the academic arm of the ECU.



### **Pernille POPP**

Pernille Popp is a 2003 graduate of the University of Southern Denmark. She was initially employed in private chiropractic practice, but since 2009, she has worked as a chiropractor and department team leader at the Spine Center at Lillebælt Hospital, a regional hospital in Vejle, southern Denmark. Pernille is currently undertaking a 5-year post graduate program as a specialist chiropractor at the hospital, including time spent within the rheumatology and orthopedic departments. In 2017, Pernille was elected to the Danish Chiropractors' Association's board and served for six years. During this time her focus was predominantly on chiropractors with employment outside of private practice and research. She has a particular interest in working on improving social inequality for chiropractic patients.



### **Hayden THOMAS**

Hayden Thomas, of Nelson, New Zealand, graduated with a BSc in physiology from the University of Auckland in 1999 and from the New Zealand College of Chiropractic in 2001. He is a practicing chiropractor and co-director of a multi-disciplinary practice. Between 2009 and 2023 Hayden served in a number of capacities on the council of the New Zealand Chiropractors' Association including as its president for six years, where he represented the association at WFC events around the world. He has also served as co-chair on the board of Allied Health Aotearoa NZ, a group representing over 30 allied health associations and 30,000 healthcare professionals.



**Holly TUCKER**

Holly is a state Delegate of the American Chiropractic Association (ACA) and maintains a private practice in Wilmington, North Carolina. Following her graduation from Logan University, Holly completed an internship at the World Health Organization in Geneva. She went on to obtain a Masters degree in Public Health (MPH), and pursues a focus in Community Health Education with a Certificate in Health Policy. She currently serves as Section Councilor for the American Public Health Association - Chiropractic Health Care Section. Having first been elected to the WFC Board in 2019, Holly serves on its Finance Committee.



**Dale WHITE**

Dale White Jr. is a 1979 Texas Chiropractic College graduate and has been in practice for 45 years. His leadership experience includes having previously served on the Board of the Texas Chiropractic Association (TCA), including two terms as its president, and as Regent for Texas Chiropractic College (1993-1995). Dale served on the TCA Legislative Committee for 16 years, ten of which as the Chairman. He is currently the American Chiropractic Association (ACA) Legislative Committee Vice-Chairman. He was appointed to the ACA Legislative Commission in 2009. He has been an ACA House of Delegates Member representing the State of Texas since 2009 and served as the ACA Secretary to the Council of Delegates in 2016. Most recently, in 2017 Dale established what has become a successful integrated chiropractic and medical clinic in Fort Worth, Texas.



**Yi Kai WONG**

Yi Kai Wong, of Kuala Lumpur, Malaysia, is an early graduate of the chiropractic program at International Medical University and serves as a senior lecturer and course leader in the chiropractic program. With a Masters degree in Public Health, he has taken a key role in advocating for accessible, affordable, and evidence-based health and wellness. He actively promotes the advancement of chiropractic in Malaysia and holds significant leadership roles in national and international bodies, including the presidency of the Association of Chiropractic Malaysia. He has been instrumental in advocacy work with the Malaysian Ministry of Health and serves as a member of the WFC's Public Health Committee. A passionate educator, he is committed to nurturing a new generation of skilled chiropractic professionals in the Asian region.



## WFC BOARD OF DIRECTORS 2024-2026

### AFRICA

Kendrah da Silva

South Africa

### ASIA

Yi Kai Wong

Malaysia

### EASTERN MEDITERRANEAN

Stathis Papadopoulos

Cyprus

### EUROPE

Jakob Lothe

Norway

Pernille Popp

Denmark

### LATIN AMERICA

Carlos Ayres

Peru

### NORTH AMERICA

Ryan Coster

Canada

Glenn Guilderson

Canada

John Maltby

United States

Holly Tucker

United States

Dale White

United States

### WFC PACIFIC

Andrew Lawrence

Australia

Hayden Thomas

New Zealand

**The term of office commences in May 2024 and runs to May 2026**