

Let's talk about Mental Health



A FREE WEBINAR FOR CHIROPRACTORS

Presented by Dr Peter Tuchin DC, PhD

The past two years have seen a global surge in mental health problems, with many charities reporting a record number of calls for support and assistance.

Chiropractors will frequently encounter people suffering with mental health issues. These can be associated with chronic pain, recurring conditions or severe injury. They can also be as a result of a longstanding diagnosis or acute crises. Sometimes there is no identified cause.

In addition, chiropractors themselves may experience mental health issues arising from financial worries, family pressures or business-related matters. The COVID-19 pandemic has exacerbated mental health conditions for many.

This webinar will cover:

- The global prevalence of mental health conditions
- Overview of common mental health disorders
- Chronic pain and mental health
- Accessing mental health support for patients, carers, colleagues and chiropractors

WFC Europe, Africa, Eastern Med	Tues, March 1	20:00-21:30 (GMT+1)
WFC Latin America, North America	Tues, March 8	19:00-20:30 (GMT-6)
WFC Asia, Pacific	Tues, March 15	17:00-18:30 (GMT+8)

For more information and to register, visit
wfc.org/mentalhealthwebinar



Dr Peter Tuchin is a member of the WFC's Disability & Rehabilitation Committee. He retired from Macquarie University after 29 years of teaching and research, during which time he published over 60 papers in peer reviewed journals.

Peter is on the board of directors for Lifeline, an Australian charity providing crisis support for people with mental health issues. He is a telephone crisis supporter and speaks with many people at a high or imminent risk of suicide.

Peter's wife Tessa took her own life in 2017.